# General Anesthesia

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## General Anesthesia

2 parts



**GENERAL ANESTHESIA I** 

Phases of anesthesia



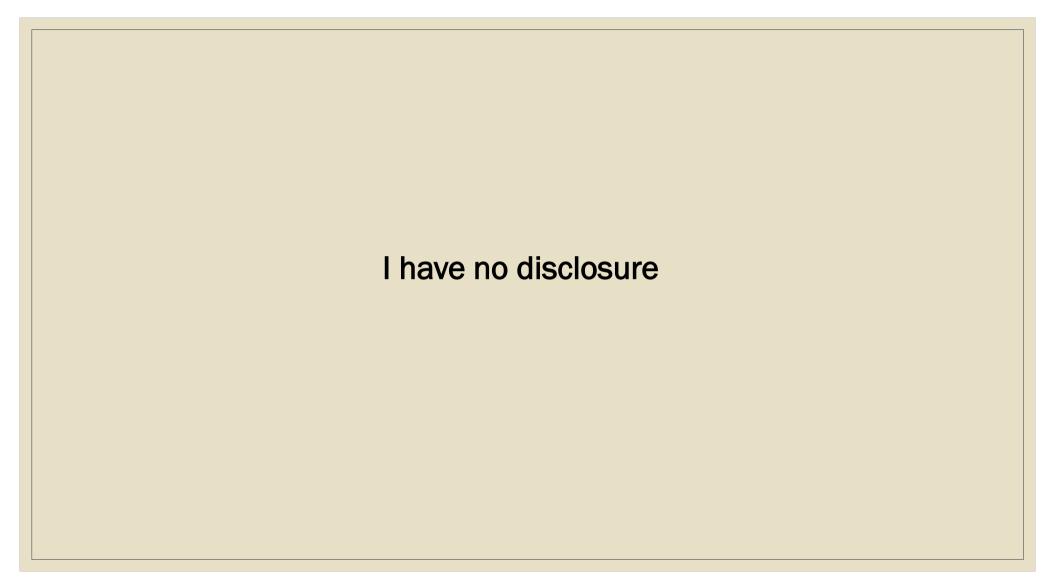
General Anesthesia II

Pharmacology ( Drugs used in anesthesia)

labelled (10 9 1 is 10 5 1 2 )



GENERAL ANESTHESIA II PHARMACOLOGY ( DRUGS USED IN ANESTHESIA)



## Objectives:

- \* Classes of drugs used in different types of anesthesia: GA and LA
- \* Indications, contraindications and side effects of commonly used anesthetic drugs

\* Common reversal agents used in anesthesia practice

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## Types of Anesthesia:

## General Anesthesia

• Local & Regional Anesthesia

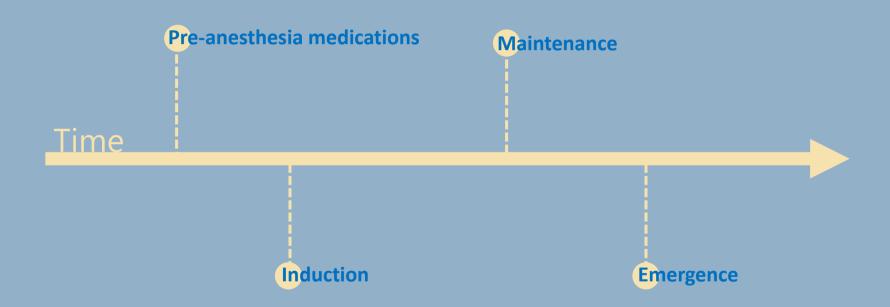
# **General Anesthesia**

Goals for optimal state of ..

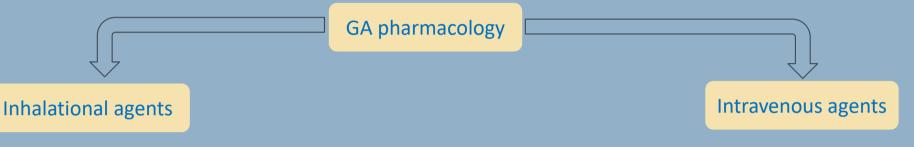
Balanced Anesthesia

Anesthesia **Anxiolysis** (induction/awareness) (Anxiety) Muscle Analgesia Relaxation (pain) (Muscle tone)

# Pharmacology used in **General Anesthesia**



## **General Anesthesia**



Gas

Volatile liquids

Nitrous oxide Zenon

Ether Halothane Isoflurane Desflurane Sevoflurane Hypnotic agents

Propofol
Etomidate
Thiopental
Methohexitone

Benzodiazepines

block for word momeny

Midazolam Lorazepam Diazepam net for Prin

Analgesic agents

Opioids Non-opioid comprination for everythings

Dissociative agents

Ketamine

NeuroMuscular

met for muscles Releasing

blockers

m

## **General Anesthesia**

Inhalational agents: Nitrous oxide



#### Advantages

- Analgesic properties
- Rapid onset/offset
- Minimal CVS depressant \ effect

#### Disadvantages

- Weak anesthetics agent (used combined in 30 -70 %)
- Trigger nausea/ vomiting
- Rapidly diffuse and expand air containing cavities → avoid in PNTx or bowel obst.
- Inactivation of B12-dependent enzymes → Megaloblastic anemia
- Teratogenic (animal)
- ? Abuse

## **General Anesthesia**

Inhalational agents: Isoflurane



#### Advantages

- Low biotransformation (less fluoride) → no nephrotoxicity, no hepatotoxicity
- \* Inexpensive

#### Disadvantages

- Coronary vasodilator →
  Potential for coronary steal
  Effect.
- Pungent
- Slow onset/offset
- Tachycardia

## **General Anesthesia**

Inhalational agents: Sevoflurane



#### Advantages

- \* Least pungent. Fast onset-Offset. Less tachycardia
- → **best** inhaled induct agent

#### Disadvantages

• ? Nephrotoxic (fluoride and Degradation to Compound A), Nephrotoxic in animals

# **General Anesthesia**

Inhalational agents: Desflurane



#### Advantages

\* Most rapid onset/offset

#### Disadvantages

• Very pungent → can lead
To bronchospasm







# Pharmacology used in **General Anesthesia**

Inhalational agents: MAC = potency

#### What is MAC?

It's the minimum alveolar concentration

It's unitless value comparing potency of inhaled anesthesia

Reference point (1 MAC) = alveolar concentration of inhaled anesthesia at which 50% of patients will not move in response to a standard surgical stimulus

At 1.3 MAC → 95% of patients will not move in response to surgical stimulus

At 0.15 to 0.5 MAC  $\rightarrow$  50% of patient will open eyes on command

MAC is an additive value (i.e; 0.5 MAC of N2O, + 0.5 MAC of sevoflurane = 1 MAC

# **General Anesthesia**

Inhalational agents: MAC = potency

Name	MAC
Isoflurane	1 %
Sevoflurane	2 %
Desflurane "d"	6 %



## **General Anesthesia**

Intravenous agents: Propofol



- It's insoluble alkyphenol formulated in lipid emulsion
- It augments GABA receptors
- Lipid emulsion support bacterial growth ( use within 12hrs)
- Contains egg yolk ( avoid w/ clear hx of egg anaphylaxis)
- Prolonged infusion of propofol can lead to (PRIS):
   Propofol

Related Infusion Syndrome

# **General Anesthesia**

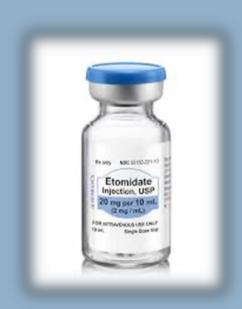
	Physiological changes
HR	$\leftrightarrow$ $\downarrow$
MAP	1 1 1
contractility	<b>↓</b>
CBF	<b>† † †</b>
ICP	1 1 1
Ventilatory drive	↓ ↓ ↓

Intravenous agents: Propofol



# **General Anesthesia**

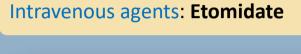
Intravenous agents: **Etomidate** 



- Favored to used in hemodynamically unstable patient ( gentile on hemodynamics)
- Can cause adrenal suppression

# **General Anesthesia**

	Physiological changes
HR	$\leftrightarrow$
MAP	↔ ↓
contractility	$\leftrightarrow$
CBF	<b>↓ ↓</b>
ICP	<b>↓ ↓</b>
Ventilatory drive	ţ





# **General Anesthesia**

Intravenous agents: **Dexmedetomidine** 



- It's a selective α 2-adrenergic agonist
- Has sedative, amnestic and analgesic effects
- Desirable for sedation with minimal respiratory depression
- Lead to less use of opioids if combined with them
- High cost
- Dose dependent hypotension and bradycardia



# **General Anesthesia**

	Physiological changes
HR	<b>↓</b>
MAP	bolus infusion
contractility	$\leftrightarrow$
CBF	Ţ
ICP	$\leftrightarrow$
Ventilatory drive	↔ ↓

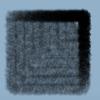
Intravenous agents: Dexmedetomidine



#### DEXMEDETOMIDINE

4 mcg/mL

Dt. \_\_\_\_\_ Tm. \_\_\_:\_\_ Init. \_





Intravenous agents: **Ketamine** 



- It's NMDA receptor antagonist
- Produce dissociative hypnosis and analgesia
- Potent bronchodilator but increases oral secretion
- Less opioids used when combined with them
- Preserve respiratory and CVS function
- Dose dependent psychomimetic effect (hallucinations) ->
   decreased with co-administration of Benzodiazepines
- Can be used for uncooperative patients (oral/IM routes)

## **General Anesthesia**

	Physiological changes
HR	<b>† †</b>
MAP	<b>† †</b>
contractility	Ţ
CBF	<b>†</b>
ICP	→ ↑
Ventilatory drive	$\leftrightarrow$

Intravenous agents: Ketamine



# **General Anesthesia**

Intravenous agents: benzodiazepines (e.g; midazolam)



- It augments GABA receptors
- It's a potent anxiolytic
- It produces amnesia
- It's potent anticonvulsant
- Can be antagonized by Flumazenil

## **General Anesthesia**

	Physiological changes
HR	$\leftrightarrow$
MAP	$\longleftrightarrow$ $\downarrow$
contractility	$\leftrightarrow$
CBF	Ţ
ICP	$\leftrightarrow$
Ventilatory drive	<b>↓</b>

Intravenous agents: benzodiazepines (e.g; midazolam)



## **General Anesthesia**

	Physiological changes
HR	$\leftrightarrow$ $\downarrow$
MAP	<b>1 1</b>
contractility	$\leftrightarrow$
CBF	N2O
ICP	<b>↓</b>
Ventilatory drive	<b>↓</b>

Intravenous agents: Opioid

- \* Suppress pain through action on Mu, Kappa, Delta opioid receptors

  All of these are Resertors
- Directly inhibit ascending nociceptive transmission and activate descending pain control
- Trigger chemoreceptors → nausea/vomiting
- Can cause respiratory depression and chest wall rigidity
- Can lead to urinary retention

## **General Anesthesia**

Intravenous agents: Opioid: (Fentanyl)

- 1- Quick onset and quick redistribution
- 2- Peak respiratory depression after 5-15 min
- 3- Less emetic effect than Morphine
- 4 Cleared by liver



## **General Anesthesia**

Intravenous agents: Opioid: (Morphine)

- 1- Cross blood-brain barrier slowly
- 2- Peak effect may be delayed 10-40 min
- 3- Cleared by **kidneys** → adjust dose in renal failure
- 4- Higher histamine release



# **General Anesthesia**

Intravenous agents: Opioid: (Remifentanil)

- 1- Cleared by rapid metabolism by esterase enzyme
- 2- known for causing more bradycardia



## **General Anesthesia**

Intravenous agents: Opioid: (Meperidine)

- 1- used for analgesia and for post operative shivering
- 2- its metabolized by liver to active metabolites (nor-meperidine) that get excreted by kidneys
- 3- Nor-meperidine can cause seizure → caution with Elderly, renal impairment or chronic dosing
- 4- Structural similarity to atropine  $\rightarrow$  cause **high HR**



## **General Anesthesia**

Intravenous agents: Opioid reversal (Naloxone)

Indication: opioid overdose or

its S.Es of opioid related respiratory depression or opioid related purities

Onset: 1-2 min

Mechanism: competitive inhibitor of opioid receptors

How to use: use smallest dose then titrate to desired clinical effect or RR or level of alertness

S.Es: can cause hypertension an dysrhythmias, pulmonary edema, or delirium

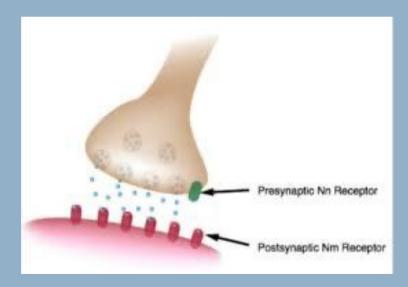
# **General Anesthesia**

Intravenous agents: Neuromuscular blockade (NMB) agents

- \* Works at **postsynaptic** nicotinic acetylcholine receptors
- \* Stop conduction of nerve impulse → **skeletal muscle Paralysis**

#### \* Used to:

- improve intubating conditions
- facilitate mechanical ventilation
- Provide muscle relaxation for surgical manipulation



# **General Anesthesia**

Intravenous agents: Neuromuscular blockade (NMB) agents

Depolarizing NMB

1- Mimic Ach → bind cholinergic receptors keeping the ion channel open → Cause prolong depolarization (seen as diffuse muscle contraction)

2- activated occupied receptors can't react to further Ach (overwhelmed) → muscle paralysis arisen

Non-depolarizing NMB

**1-** Competitive Ach receptors antagonist  $\rightarrow$  no space for Ach to bind its R  $\rightarrow$  muscle paralysis arisen

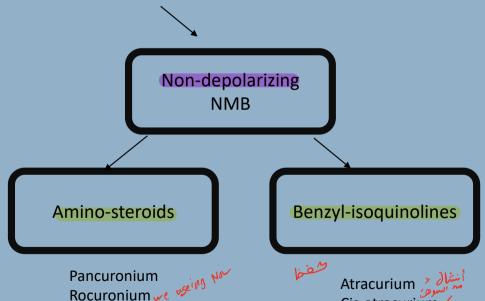
2- action of non-depolarizing NMB can be removed By increasing Ach in the synaptic cleft

## **General Anesthesia**

Intravenous agents: Neuromuscular blockade (NMB) agents

**Depolarizing NMB** 

Succinylcholine



Rocuronium ve oseing Nov Vecuronium

Cis-atracurium v

## **General Anesthesia**

Intravenous agents: Neuromuscular blockade (NMB) agents

Class	Name	Advantage	Clearance	S.Es
Depolarizing NMB	Succinylcholine	Rapid onset/ultra short	Rapid hydrolysis in the plasma by plasma cholinesterase enzyme	Can trigger MH
Non-depolarizing NMB	Atracurium		Cleared by Hofmann Elimination	Dose-dependent histamine release
	Cis-atracurium	Doesn't cause histamine release	Cleared by Hofmann Elimination	
	Pancuronium		Mainly kidney	Long acting/ slow onset Vagolytic → high HR, BP
	Rocuronium	Short onset / can be used in RSI Doesn't cause histamine release	Hepatic and renal	
	Vecuronium	Doesn't cause histamine release	Mainly liver	Has active metabolites ( avoid infusion)

# **General Anesthesia**

Intravenous agents: Neuromuscular blockade (NMB) agents

#### NMB – Reversal:

- **1- Cholinesterase inhibitors:** allowing Ach to build up at the synaptic cleft, and overcome non-depolarizing NMB agents
- e.g; Neostigmine/Glycopyrrolate
- adding anti-muscarinic agent with Neostigmine can decrease its S.E, such as: bradycardia, bronchospasm, high secretions and miosis ...etc
- **2- Suggammadex:** encapsulates **amino-steroid** class of nondepolarizing NMB only. High affinity to Rocuronium. Has S.Es of bradycardia & hypersensitivity reaction

## Types of Anesthesia:

• General Anesthesia

Local & Regional Anesthesia

# Pharmacology used in Local & Regional Anesthesia

#### Local anesthesia:

#### **Definition:**

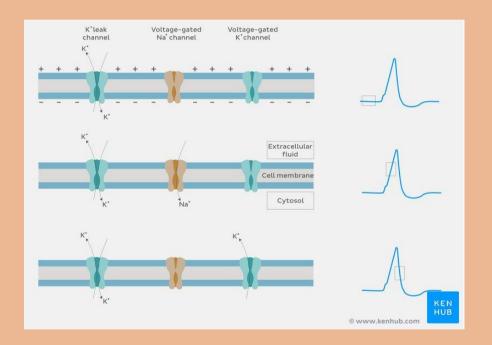
Local anesthetics produce a transient and reversible loss of sensation (analgesia) in a circumscribed region of the body without loss of consciousness

- Topical
- Local infiltration

# Pharmacology used in Local & Regional Anesthesia

#### Mechanism of action:

- Na channel blocker
- Preventing generation and conduction of nerve impulse



# Local & Regional Anesthesia

Classification of LA



#### **Esters**

- Benzocaine
- Procaine
- Proparacaine

#### Amide

- Bupivacaine (Marcaine)
- Lidocaine
- Mepivicaine ( Carbocaine)

# Local & Regional Anesthesia

#### **Esters**

- Benzoca ne
- Proca ne
- Proparaca ne

#### **Amide**

- Bupivacaine (Marcaine)
- Lidocaine
- Mepivicaine (Carbocaine)

#### Max doses:

- Lidocaine: 5 mg/kg
- Lidocaine + Epinephrine: 7 mg/kg Ropivacaine: 2-3 mg/kg
- Mepivacaine: 5 mg/kg
- Bupivacaine: 2-3 mg/kg
- Levobupivacaine: 2 mg/kg

# Local & Regional Anesthesia

#### LA toxicity:

CNS, usually affected first → followed by CVS

#### **Progressive signs:**

- 1- light headedness → circumoral numbness/metallic taste → facial tingling → Tinnitus → slurred speech → seizure → unconsciousness → Respiratory arrest
- 2- → CV arrest . Can have dose dependent myocardial depression → hypotension, dysrhythmia

# Local & Regional Anesthesia

#### LA toxicity:

#### What to do?

- 1- stop injecting Local anesthesitics
- 2- call for help
- 3- protect airway / 100 % FiO2
- 4- if seizure arisen → Rx with Benzodiazipines/ propfol
- 5- if cardiac arrest → Rx with CPR and rx of arrythmia
- 6- consider **20% lipid emulsion** (no role for propofol)



# Thank you